





## You Are Not Alone

We are good people who have unintentionally harmed others. I call us CADI's (Causing Accidental Death or Injury). Most of us feel grief, guilt, and distress about our circumstances. Over time, we learn that this tragedy does not have to define us.

-Maryann Gray, Ph.D.







www.hyacinthfellowship.org hyacinthfellowship@gmail.com Coping with causing a serious accident, death, or injury

The Hyacinth Fellowship is a non-profit, volunteer run organization. All of our resources and services are offered free of charge to anyone seeking information and support.



### Allow Others to Ease Your Journey



You are starting a journey back to peace. It is not a journey you wanted, and it is not an easy trip, but we are confident that you will find your way. Let others help you.

### We Offer 3 Peer Support Programs:

- Monthly online fellowship meetings
- · Monthly online expressive writing
- Facilitate one-to-one peer support



### Who We Are

The Hyacinth Fellowship reaches a worldwide audience with an array of programs and services including monthly fellowship meetings, expressive writing opportunities, peer support, and outreach.

We are the only organization worldwide serving the needs of those who have unintentionally killed or seriously injured other people.



# The Journey Back to Peace

There are 4 elements for healing from the trauma of unintentionally killing or seriously injuring another person: understanding and coping with trauma and moral injury, accepting accountability, finding compassion for yourself and others, and allowing yourself to be part of a community.

### Our Core Values

#### Service to others

Offering and encouraging peer support

#### Outreach

Letting people know they are not alone

#### Education

Providing information to those in need

### Community

Promoting the development of a wide network of mutual aid fellowships